



5th Year Study Skills Workshops

There are two **study skills workshops organised for 5th year students** this year with 'Inspire Education' and 'The Super Generation'. We believe that these workshops will help 5th year students to prepare for the Leaving Certificate programme and help them to do as well as they can in 5th year so that they will have the best start in 6th year.

The first workshop will be on **November 12th** and will be delivered by '**Inspire Education**'. This programme titled '**Mastermind**' places an emphasis on learning to think, act and study independently. This workshop will be particularly good for preparing for November assessments and starting an effective study routine. Students will learn about efficient learning, improving performance, mindset and the brain. Students will receive a study skills workbook and revision planner on the day.

The second workshop will be on **March 4th** and will be delivered by '**The Super Generation**'. It focuses on '**Learning and Study Skills for Senior Cycle Students**' looking at motivation, managing stress, memory techniques, the brain and learning and effective study techniques. It will also look at preparing for examinations and will help students to plan and revise for Summer assessments. Students will receive a Senior Cycle study journal at this workshop.

The total cost for these two workshops is €20 and payment can be made through the way2pay link. Payment to be made by October 24th. The price includes:

- **Learning and Study Skills for Senior Cycle & Mastermind workshops**
- **Study Skills resources** given at each workshop- study journal, study skills workbook and revision planner.
- **Access to a Parent Study Skills Support Webinar**