

Friendships and Mental Health

Jigsaw's Parent/Guardian Webinar Series



In this webinar you will:

- Consider the impact friendships can have on your child's mental health
- Explore ways in which you can support your child to build positive friendships
- Learn supportive strategies to navigate conversations about friendships with your child.



Date

6th Feb 2024



Time

7.30pm - 8.30pm

Facilitated by Jigsaw's Martina Ryan and Karen Duggan,
Regional Schools Coordinators

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