

Study

Having a study plan is essential to success. List out the topics you want to study in each subject and designate them a time slot in the week. Tick each topic off as you complete it to feel a sense of accomplishment, and reward yourself you work well done. Remember we all fall behind sometimes, if this happens, don't worry, reschedule and keep going.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Seamus Heaney- Poem 'The Skunk'	Features of Glacial Erosion	Trigonometry	Hurling Training	French- Food	Morning:	Morning:
Causes of 1916	Lady Macbeth	Macbeth- Pride		Key figures in 1916	French- future	Hurling match
Algebra	Cells	Irish-Past Tense		Photosynthesis	Features of Coastal Erosion	Afternoon:
					Afternoon:	Effects of 1916
					Waterford with dad	Algebra (2)
						Heaney- Life & History

While you might find concentrating or studying difficult, it is really important to try different methods as different styles work for different people and even different subjects. Give each of the following methods a try, score them and analyse what else they might work well in.



Study Method 1: P.O.K.E.R.

P. pre-test

O. overview

K. keyword

E. etch & sketch

R. review

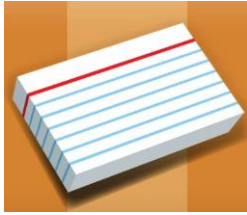
Topic 1 I tried this with:

Effectiveness 1-10:

Topic 2 I tried this with:

Effectiveness 1-10

Subjects this method might work for:



Study Method 2: Flashcards

This can be done on pieces of paper, card or online. Great for foreign languages (English on one side, Target language on the back) and for subjects with a lot of definitions.

Topic 1 I tried this with:

Effectiveness 1-10:

Topic 2 I tried this with:

Effectiveness 1-10

Subjects this method might work for:



Study method 3: Teach a class!

After reading through a chapter or using the poker method, pretend to teach a class the information you have just learned. You can teach the wall, a mirror or posters in your room! Teaching helps us to categorise information and process it for ourselves. Many learners find it useful to walk up and down a room while doing this.

Topic 1 I tried this with:

Effectiveness 1-10:

Topic 2 I tried this with:

Effectiveness 1-10

Subjects this method might work for:



Study method 4: Record and Listen back

If you are studying a topic record yourself teaching it/ or even reading from the book. Next time you are walking to school, on the bus etc, listen back to the recording. Studying is all about repetition and this way you don't have to be sitting a desk.

Topic 1 I tried this with:

Effectiveness 1-10:

Topic 2 I tried this with:

Effectiveness 1-10

Subjects this method might work for:



Study method 5: Buddy system

Studying with a friend, if done seriously, can really help. Choose 2 topics, you study one, they study the other. You then teach your topic to your friend and they ask you questions, maybe from the end of the chapter. They then teach you their topic and you ask them questions. Quizzing your friend as well as learning your own topic can help you learn and make it a little less boring.

Topic 1 I tried this with:

Effectiveness 1-10:

Topic 2 I tried this with:

Effectiveness 1-10

Subjects this method might work for:

Study Method 6: pneumonic devices- Great for lists!

e.g. **My Very Excited Mother Jumped Straight Up Now: Mercury, Venus, Earth, Mars, Jupiter, Uranus, Neptune.**

Study Method 7: Mind mapping- Great for categorising theory-heavy subjects!(Step E in POKER)

